



LONG DITTON

INFANT AND NURSERY SCHOOL

THE HEART OF LONG DITTON SINCE 1911

Relationships and Sex Education Policy

Last reviewed: Summer 2018 To be reviewed: Summer 2019

This policy was developed in consultation with the teaching staff and Governors. This policy reflects the guidance of national bodies i.e. DfE Sex and Relationship Guidance, PSHE Association Guidance and the Healthy School Standard. IT WILL BE REVIEWED ANNUALLY.

“Effective sex and relationship education is essential if young people are to make responsible and well informed decisions about their lives. It should not be delivered in isolation. It should be firmly rooted within the framework for PSHE and the National Curriculum, which lie at the heart of our policy to raise standards and expectations for all pupils. (This guidance refers throughout to the PSHE framework, although at Key Stages 1 and 2). Sex and Relationship Education is lifelong learning about physical, moral and emotional development” DFE SRE Guidance 2000.

Our Aims

At Long Ditton Infant and Nursery School we aim to give children a variety of skills and strategies, as well as clear, honest information. This will enable them to gain the knowledge and understanding to help them make good choices and build positive relationships in their present and future lives. Our Relationship and Sex Education (RSE) is firmly rooted in our teaching of PSHE and Science. As an inclusive school we aim to help all children learn to respect themselves and others. We believe that teaching children how to value similarities and differences plays an important part in helping them deal with moral and social questions and becoming a responsible member of the community.

We must be mindful of age, personal experiences and maturity of the children in our care. We will present information and respond to questions simply, factually and appropriately.

Organisation

RSE is discreetly taught by all teaching staff within the school as part of our PSHE curriculum, through Circle Times and Assemblies. RSE is also covered within the teaching of Science, as outlined in the National Curriculum. The RSE content may be delivered by class teachers, the school nurse and other outside agencies. We use a variety of teaching methods that include:

- Whole class and small group discussions
- Social Skills groups
- Songs and rhymes
- Drama and role play
- Puppets
- Photographs and books
- ICT

CONTENT

At Long Ditton Infant and Nursery School we teach children about the importance of developing mutually supportive relationships. From the Nursery, and throughout our school, RSE helps to develop the skills children need to understand and celebrate similarities and differences in order to prevent and remove prejudice. Our Living Values help children to develop the vocabulary they need to make the right choices and understand how to be respectful of themselves and others.

Attitude and Values

RSE teaches children:

- The importance of values and individual conscience and moral considerations;
- The value and importance of family life and stable relationships for the nurture of children;
- The value of respect, love and care.

Personal and Social Skills

RSE teaches children:

- How to manage emotions and relationships confidently and sensitively;
- How to develop self-respect and empathy for others;
- To develop an appreciation of the consequences of choices made;
- How to manage conflict;
- How to recognise and avoid exploitation and abuse.

Knowledge and Understanding

RSE helps children to learn and understand physical development at appropriate stages. In the Nursery and Year R we follow the Personal, Social and Emotional Development aspect for learning of the Foundation Stage Curriculum. In Key Stage 1 we follow the objectives for Science (Animals, including humans) in the National Curriculum as well as the SEAL curriculum and Family Links Guidance.

Foundation Stage:

The Foundation Stage curriculum states:

“Personal, social and emotional development involves helping children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities.” EYFS Statutory Framework Guidance 2014

We use this guidance within our curriculum to ensure that children develop:

- An awareness of their own needs, views and feelings and be sensitive to the needs, views and feelings of others;
- Respect for their own cultures and beliefs and those of other people;
- Good relationships with adults and peers;
- The ability to work as part of a group or class;
- The ability to consider the consequences of their words and actions for themselves and others;
- The skills to dress and undress independently and manage their own personal hygiene.

Key Stage 1:

In Key Stage 1 RSE is delivered in conjunction with the teaching of Science and PSHE. The Science part of the curriculum includes learning about 'Animals, including humans.' As well as this basic knowledge our children are taught about human emotions, social and emotional situations and dilemmas and also the names of parts of the body.

Year 1 Pupils should be taught to:

- identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals
- identify and name a variety of common animals that are carnivores, herbivores and omnivores
- describe and compare the structure of a variety of common animals (fish, amphibians, reptiles, birds and mammals including pets)
- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- to all feel comfortable using the words penis, vagina, anus and testicles

Year 2 Pupils should be taught to:

- notice that animals, including humans, have offspring which grow into adults
- find out about and describe the basic needs of animals, including humans, for survival (water, food and air)
- describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene

Reproduction is not within the KS1 curriculum but children sometimes offer information they already have during class discussions. Such contributions are responded to factually using correct terminology to clarify what has been said.

Positive Touch

We feel that it is important for children to feel safe and secure both in school and at home and part of the education we provide is to help children understand the difference of positive and negative touch. We do this through structured circle time sessions based on the 'Family Links' guidance. (This is also in line with our Physical Intervention and Restraint Policy.)

PARENTAL RIGHTS

We understand that all parents have the right to withdraw their child from all or part of the RSE curriculum.

MONITORING AND EVALUATION

The PSHE coordinator will monitor delivery of RSE through observation and discussion with teaching staff and children to ensure consistent and coherent curriculum provision. Any disclosures or causes for concern will be discussed with our Designated Safeguarding Lead (DSL).

PROFESSIONAL DEVELOPMENT FOR STAFF

Staff will receive training by attending courses for INSET as appropriate. Information gathered will be cascaded to all staff.

AT LONG DITTON INFANT AND NURSERY SCHOOL WE ARE COMMITTED TO THE HEALTHY SCHOOL STANDARD.

Please refer to these other policies:

Child Protection Policy

Physical Intervention and Positive Touch Policy

Healthy Schools Action Plan