



# LONG DITTON

## INFANT AND NURSERY SCHOOL

THE HEART OF LONG DITTON SINCE 1911

### NEWSLETTER

#### 1<sup>st</sup> May 2020

## LATEST NEWS

### **Dear Parents and Carers**

Happy Friday everyone! I hope you are doing well, staying safe and choosing your attitude! I was finding this week particularly tough for some reason. Could be because the holiday I was looking forward to going on with my daughter has understandably been cancelled and it was to be the first mother daughter holiday we had planned. Or the change in weather. Or because it is frustrating not seeing all the smiling, enthusiastic faces coming through the gate in the mornings. But then I read all the items to be included in the newsletter, saw the work that the children have been completing at home, watched some videos on Tapestry, read some lovely positive emails from parents and read the plans for learning from home created by the teachers and you know it really made me take a step back and think – we are doing more than alright. I was so inspired I decided to sing the Well Done song dedicated to you all. Well done everyone! You can watch it by following the link below ☺



<http://longditton.surrey.sch.uk/wp-content/uploads/2020/05/57abcc69-73ba-4118-8605-0128d6e435df.mp4>

### **Reports**

Today the teachers are emailing out your child's annual school report. Usually we do this as an end of year statement and celebration for all the children have achieved over the year. This year the reports are 'mid-year' and based on what the children have achieved over two terms. The targets that have been included will be the 'next steps' in learning for your child. You can use these to help

at home to see if your child has continued to make progress and as a guide as to what to do next. Please let your class teacher know if there are any errors in the report – they have been proof read but we are only human and sometimes grammatical errors can slip though.

If you haven't made email contact with your class teacher, we will post your report out to you. This will take a little longer and relies on the post system – be patient.

Attendance – you will also be receiving an attendance report. This is based on attendance up until the lockdown. We usually 'grade' attendance but we haven't this year as it has been so very different. As a general rule, nationally the average attendance would be 95%. The attendance report will be emailed out to you via the office ParentMail.

### **Free book explaining Covid-19 for 5-9 year olds**

There is a free book for 5-9 year olds explaining COVID19, illustrated by the same person who illustrated The Gruffalo. Available from: <https://nosycrow.com/blog/released-today-free-information-book-explaining-coronavirus-children-illustrated-gruffalo-illustrator-axel-scheffler/>

### **Message from the School Nurse Immunisation team:**

*we are looking for flu givers to help give the nasal flu immunisation to children aged between 4-10 years over a 9 week period between September and December within their schools through Elmbridge. No experience is required and you will receive full training. You will be paid.*

Please see the advert on the last page of the newsletter for more information.



### Stay Safe at Home

Please see attached information from Surrey County Council to everyone about how to stay safe. Also remember we are here for you too!

<http://longditton.surrey.sch.uk/wp-content/uploads/2020/04/CS4319->

[Staying-Safe-at-Home.online.pdf](http://longditton.surrey.sch.uk/wp-content/uploads/2020/04/CS4319-)

### School Nurse Team

Be Your Best programme: The Be Your Best programme offers both targeted and universal support, and is all about helping your family by supporting you to eat better and move more. This is a new free healthy lifestyle programme for all Surrey families with children aged 0-11 years old. Please see the flyer on the last page of the newsletter for more information.

The Elmbridge School Nursing 0 -19 - links that can help parents at home.

- The School Nurse Team Organisation website with links to and information on a wide variety of subjects can be found at:  
[www.childrenshealthsurrey.nhs.uk](http://www.childrenshealthsurrey.nhs.uk)
- The Surrey Wide 0-19 Advice Line open Monday to Friday 9-5 on: 01883 340 922
- Surrey free on line parenting guides from ante natal to 19 years of age at:  
[surreycc.gov.uk/learnonline](http://surreycc.gov.uk/learnonline)

register for free with a Surrey post code using the code ACORN.

We hope this is of use to you and please do not hesitate to contact us.

Elmbridge School Nursing 0-19 team.

### Surviving Lockdown

Dr Becci Best, our attached Educational Psychologist has shared some useful resources for managing the lock down and the transition back to a more familiar way of life, when it comes.

In addition she has provided the following links for articles to support parents in managing the

pressure of suddenly having to be " all things to all people" and especially to our children.

I found the 2nd article really interesting. It is based on the work by Donald Winnicott, a paediatrician and psychoanalyst from the 1950s who supported families in the aftermath of WW2. I hasten to add, that it was done even before I was born! However, I was fascinated that the research and work done all that time ago is so relevant to our current situation.

**The overarching message is that "Good Enough parenting" is what we should all expect from ourselves and if we achieve something closer to "perfect parenting", that would be an amazing feat ( and probably a rare phenomenon!)**

**Be kind to yourself and be the best you can be in each moment of time .... and accept that will look different every day, because it is dependent on a whole range of factors out of your control!**

1. Coronavirus parenting: managing anger and frustration <https://childmind.org/article/coronavirus-parenting-managing-anger-and-frustration/>
2. Fed up of being cooped up in lockdown with the kids? [http://www.suzannezeedyk.com/fed-up-of-being-cooped-up-in-lockdown-with-the-kids/?fbclid=IwAR0IX-WDPi0Ch1yeAq6\\_dWTz8pXWQ9iercYZnsYB1bNesL3TKssFdDo2fs](http://www.suzannezeedyk.com/fed-up-of-being-cooped-up-in-lockdown-with-the-kids/?fbclid=IwAR0IX-WDPi0Ch1yeAq6_dWTz8pXWQ9iercYZnsYB1bNesL3TKssFdDo2fs)

I hope you find these as reassuring to read as I did!

Mrs Emmett.

### Staying in Touch

**Nursery Class:** [sheltie@longditton.surrey.sch.uk](mailto:sheltie@longditton.surrey.sch.uk)

**Corgi Class:** [corgi@longditton.surrey.sch.uk](mailto:corgi@longditton.surrey.sch.uk)

**Beagle Class:** [beagle@longditton.surrey.sch.uk](mailto:beagle@longditton.surrey.sch.uk)

**Dalmatian Class:**

[dalmatian@longditton.surrey.sch.uk](mailto:dalmatian@longditton.surrey.sch.uk)

**Husky Class:** [husky@longditton.surrey.sch.uk](mailto:husky@longditton.surrey.sch.uk)

**Spaniel Class:** [spaniel@longditton.surrey.sch.uk](mailto:spaniel@longditton.surrey.sch.uk)

**Labrador Class:**

[labrador@longditton.surrey.sch.uk](mailto:labrador@longditton.surrey.sch.uk)

## Top Teaching Tip Week 5: Developing Independence

Although it seems silly to point out, every day your child grows a little older and a little more capable of doing things on their own. As parents, and teachers, we should be stepping back regularly to assess what we are still doing for our children that they could be doing for themselves. Are you still putting on their socks and shoes, getting them dressed or zipping up coats? Are those skills things they could be doing on their own? Are you getting the pencils for them or do you expect them to get what they need to write?

Supporting the development of children's self-help skills is not only important for children's growing desire to be independent, but they also are critical in classrooms. When they are completing something at home stop and ask yourself am I helping them by doing for them or is it just quicker for me to do it?

While you are at home you could support your child's growing sense of self and desire to do things by themselves by giving them jobs to do around the home. Even very young children can do small things like putting items back where they belong or ensuring the toilet is as clean as when they found it. If they are finding it tricky, you could break it down into simple steps and give gentle reminders. Resist the urge to redo what they have done independently but explain why their attempt was not right.

Teaching children how to solve their own problems is a skill that begins in early childhood. When they are little, the problems might be over who gets the blue truck or who has more play dough, but those problems grow into bigger issues as the children get bigger. Teaching them steps to solve problems is a critical lifelong skill.

Help them to identify exactly what the problem is, thinking of solutions to the problem and then try it out to see if it worked. Help your child work through the steps, but resist the urge to give them the answer. The Let's Think Maths in school is super for this – but even we teachers find it hard sometimes to not give them the answer. Solving a

problem for themselves by themselves is deep learning that will last. The ability to confront problems head on and deal with the consequences truly is a life skill!

As adults, we know a lot about consequences. If we speed – and get caught – we might get a fine. But for children, it's more complicated. If they don't want to wear their coat an adult might carry it for them and the child doesn't learn that it's cold out, which is why they needed the coat! If they don't want to practise reading it's ok because the adult can read it to them. But how long can that last? Teaching them that being independent is important not only now but for the rest of their lives.

If you are baking, painting, reading or writing over this next week, see how much your child can do on their own. Can they think about and get what they need for themselves? Let them get it wrong to see what that feels like and to learn from for next time.

In our teacher assessments we can't say a child can do anything, or has reached a 'level', unless they can do it on their own.

### Skipping Challenge

1. Sophie 123
2. Georgina 100
3. Mrs Paines 96

Sylvie 83, Nancy 85. (I am trying hard to get to 130!)

### Learning from Home Gallery

Keep sending them in and the teachers will choose two from each class to include in the newsletter each week!

### Welcome back Mrs Maclver

I have been very remiss in welcoming back Mrs Maclver from her maternity leave. Mrs Maclver is teaching in Husky Class alongside Mrs Russi. It is lovely to have her back as part of the Long Ditton team 😊

### Thought for the week:

"The worst use of imagination is anxiety. The best use of imagination is creativity." Deepak Chopra  
Have a creative weekend!

### Mrs Paines

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## Nursery

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Hello Everyone.

We hope you have had a good week and have been keeping busy. Mrs Lulham and Mrs Hamid have been chatting to lots of families over the telephone this week and it has been lovely to speak to you and even some of the children. We are thinking of you all the time and we miss your smiley faces. If we haven't managed to speak to you yet, we will hopefully do so over the coming weeks.

Education City: The office has emailed logins and passwords to you all. So hopefully you have had a chance to explore. I am hoping to make suggestions of activities for you to use in the Education City Class Work area, so keep an eye out if you would like to use these. As with any resources we are sharing, feel free to explore it as you wish to suit your child's needs.

I found some useful information on the government website, with some good advice for parents about how to approach home learning with younger children:

<https://www.gov.uk/guidance/help-children-aged-2-to-4-to-learn-at-home-during-coronavirus-covid-19>

There is also a link to Hungry Little Minds with some interesting activities to supplement your home learning ideas.

We are so proud of all the activities you and your children are doing and the range of opportunities you are providing are wonderful!

This week's sharing from the Sheltie network:

- William has learnt to ride his bike without stabilisers, Fantastic!
- Poppy for great conversation on the telephone to Mrs Lulham, Brilliant!

Thank you for your continued support.

Stay Safe

The Nursery Team

Home learning link:

<http://longditton.surrey.sch.uk/meet-the-classes/nursery/>

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## Reception

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Dear Beagle and Corgi classes

We hope you have all had a good week and have been enjoying our minibeast topic. It has been the perfect week to hunt minibests, with all the rain! We can't wait to find out which type of minibeast you want to learn more about.

We have really appreciated all the learning you have been sending us by e-mail or tapestry. It is great to see what everyone has been up to and also gives us ideas as to how to change or extend our planning. We hope you have been finding the memos on tapestry helpful and find it a good way for us to keep in touch with the children.

We have now completed our phone calls for this half-term and it has been lovely to speak to so many of you. Please remember that we are in school with some of the key worker children during the week, so if you need to speak to us then e-mail and we can phone you during one of our break times.

You should be receiving your child's report today. If you have not received the report, by individual e-mail, then please let us know and we can check it has been sent out. We would appreciate you replying by e-mail to let us know that you have received the report.

Please find below the home learning intentions for this week, together with some learning ideas. Please remember that all these resources are here to support you and there are a variety and range of activities offered that hopefully give you some ideas or focus. There is absolutely no expectation for all or any of them to be used or completed; they are merely a resource should you choose to use them.

Stay safe

The Reception Team

Cont'd...

Please refer to the Modified Reception Timetable to see how the suggested activities below may fit into your week.

Home learning link:

<http://longditton.surrey.sch.uk/meet-the-classes/reception/>

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## Year 1

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We hope that you are all keeping safe and well and thank you for sending in your photos and samples of work. It is lovely to hear from you and to be kept informed of how the home learning is going. Please remember that we are here to help and also to answer any questions that you might have. We are proud of how hard you are all working (parent/carers included!)

### Reminders:

This home learning can be found on the Year 1 page on the school website. We will also be emailing out the home learning to parents on a Monday morning. Please let us know if you do not have access to a printer and require the suggested learning to be printed out for you.

Please also have a look at the 'Maths on the Move' videos which combine maths learning with physical exercise. There are some lovely active ideas to support your child's learning and they are great fun.

We have not included a timetable with the learning suggestions outlined below, however, it is very beneficial to provide a structure to your day (to suit your individual needs). Please do use the **Daily Diary Learning Challenge** and send them into school at the end of the week. Mrs Paines is issuing Head Teacher's awards and Special Golden Certificates. You will find this challenge included in this week's pack.

Home learning link:

<http://longditton.surrey.sch.uk/meet-the-classes/year-1/>

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## Year 2

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Dear Parents and Carers,

We hope you have had a good week and the rain hasn't stopped you from getting out for some much-needed fresh air. It has been lovely to hear from so many of you with photos of your child's learning. It is great to see everyone having a go at the wide variety of activities. We do understand that everybody's circumstances are different and it may not be possible or suitable for your child to complete all of the home learning. The timetable is just a guide and you will know what is possible for your child to achieve.

Hopefully everyone has been able to use the Purple Mash and Education City activities as part of their learning. If you have any difficulties logging in, please let us know.

This week in Maths we have continued our learning about tally charts and have been creating our own bar charts. We hope you enjoyed solving the Maths Mastery problems! Your ideas about the Magic Tree in Literacy have been very creative and we have read some super stories about the amazing worlds discovered through the portal.

In Literacy next week we will be using the traditional tale, The Elves and the Shoemaker as the inspiration for our activities. There will be an opportunity to test our comprehension skills answering questions about the text and also to create an adventure comic strip story about our own elf character.

In Maths next week we will be learning about position and direction. Children will be completing activities and using language for turns and movements. We have included some 'Teacher notes' for you to support this learning.

Next week in our topic learning we will be creating a compass linked to our Maths learning, more reading challenges and creating a seaside in a jar as part of our learning about habitats! Cont'd...

Our physical activity for this week is Joe Wicks' Active 8-minute workout. Are you all up for the challenges including Box Push Ups and Sumo Squats?

We hope you have a lovely weekend.

Home learning link:

<http://longditton.surrey.sch.uk/meet-the-classes/year-2/>

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## School Office

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Hi Everyone,

I hope you have all had a good week. Yesterday evening this beautiful rainbow appeared at the back of my garden.



On the day it was announced that we were over the peak of the virus and that the country would begin to move towards the next level, it seemed particularly poignant.

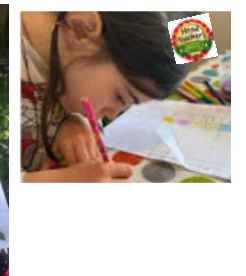
It's so lovely to see the children's smiley faces in the photos, proudly showing all that they are achieving at home – we do miss them!

I hope you all have a lovely weekend.  
Stay safe.

## ACHIEVEMENTS

Have a look at the wonderful learning from home gallery!

Well done everyone 😊



### Other Achievements

Teddy is proud that he has learnt to tie his shoe laces independently.  
Forrest has 4 Golden Certificates and so earned a credit card!



Colonel Tom - 100

## DIARY DATES

### May 2020

Sunday 3 <sup>rd</sup>	Wild Koala Day
Friday 8 <sup>th</sup>	May Bank Holiday – 75 <sup>th</sup> Anniversary of VE day
Sunday 24 <sup>th</sup>	Eid al-Fitr (Festival of Breaking the Fast)
25 <sup>th</sup> to 29 <sup>th</sup>	Half term break
28 <sup>th</sup> -30 <sup>th</sup> May	Shavuot (Jewish festival)

### June 2020

Monday 1 <sup>st</sup>	International Children's Day
Saturday 20 <sup>th</sup>	Summer Solstice
Sunday 21 <sup>st</sup>	Father's Day



## EVENTS / ACTIVITIES (outside of school) / School Adverts

Please note the school does **not** promote or endorse any children's clubs or activities advertised.



# Nasal Flu Givers Needed

Children and Family Health Surrey are looking for Nasal Flu Givers to give the Nasal Flu Immunisation to children aged between 4 and 10 years over a 9 week period (Sep-Dec) throughout schools in Elmbridge

No experience is required as you will receive full training. You will be paid weekly and mileage is paid.

If interested in supporting the team please contact Miranda  
miranda.noakes@nhs.net



### Do you need help to achieve a healthy weight for your children?



Be Your Best is a **FREE** service for Surrey families with children aged 0-11yrs.

The Be Your Best programme offers both targeted and universal support, and is all about helping your family by supporting you to eat better and move more.

Eligible families will be offered 6:1:1 virtual nurse led consultations with community nurses and have access to 6 virtual, fun and educational workshops.

Sessions include:

- Live cooking workshops
- Interactive supermarket tours
- Family Physical Activity Sessions
- Meal planning for the whole family
- Reducing anxiety and screen time
- How to become an active family



For more information please visit [www.bybsurrey.org](http://www.bybsurrey.org) or email [beyourbest@surreycc.gov.uk](mailto:beyourbest@surreycc.gov.uk) or call 07972 188697

