



LONG DITTON

INFANT AND NURSERY SCHOOL

THE HEART OF LONG DITTON SINCE 1911

NEWSLETTER

15th January 2021

LATEST NEWS

Dear Parents and Carers

Happy Friday everyone! I hope you have had a positive week – despite the wet weather. I can tell with the amount of home learning, you have all been working very hard and have been improving your skills and knowledge. Well done!

Eco School Assembly and Working Together Project

As part of our school development plan we thought it would be a great idea to plan a project that we can all work together towards to help our environment and the animals that live in it. Look out next week for a special eco school assembly and challenge for us all to take part in – at home and in school!

Home Learning

We are in week two of lockdown three and I know that it is challenging for everyone. I just want to remind you of a few things.

1. You are doing a good job. I know the DfE guidelines say that for KS1 pupils the average amount spent per day home learning should be 3 hours. Let's be honest shall we? I know that if I was working from home with my daughter there is no way I would have managed to get her to spend three hours a day on school work. We would have fought, shouted, argued and continuously battled to write even a sentence. (I am in awe of all of you!) Remember that you are not home schooling you are taking part in an unprecedented home learning experience. Some children will be loving the time spent on school work and asking for more. Others won't.

If you are working together then you are doing a good job.

2. Less is more sometimes. It is not the amount of work or completing/producing lots of things that is important but the quality of the interactions and the learning. Sometimes it might be better to work very hard on one thing for 20 minutes and produce something great, rather than skim the surface of 5 things and not really produce anything to be proud of.
3. Listen to your child. They will like some things and not others. They will be better in some areas than others. Asking your child what they find easy or hard can help you judge how much support they need.
4. Build on success. I know it might be hard to say well done for something that you think they could have done better but believe me trying to say something positive about what they have achieved (even if you know it's not their best) can work wonders.
5. Start small. Like everything we need to think about this in terms of long term aims and goals. A little and often and building carefully in time and effort is the way to go. They are not going to sit still for hours at a time on their school work. They might start with 5 minutes, or 10 minutes and then gradually build on this over the weeks. Remember even adults only have a 20 minute concentration span!

Finally, please remember that we are all learning and improving. Thank you for your positive messages, they really do mean a lot to us. We know that there will be things we need to improve and as always we have plans in place to reflect and

address this. We all need time to embed things and expand our practice.

Ember Learning Trust Annual General Meeting

Tuesday January 26th at 6pm is the annual general meeting for the Ember Learning Trust that we are part of. All parents and carers are welcome to attend. The meeting will be held via zoom please see below message from the ELT chair to attend.

Dear Families

The Ember Learning Trust AGM is scheduled for Tuesday 26th January at 6pm. You are warmly invited to join the Trustees.

The meeting will take place using Zoom and the details are:

ELT is inviting you to a scheduled Zoom meeting.

Topic: ELT AGM Meeting

Time: Jan 26, 2021 06:00 PM London

Join Zoom Meeting

<https://us02web.zoom.us/j/89090949616?pwd=Z3kycUthdW5pczBBWxFwMm9zM1VvQT09>

Meeting ID: 890 9094 9616

Passcode: 88nAV2

Home School Link Worker Clinic for Parents and Carers at Home

Michelle Tallboys, our Home School Link Worker, is offering a confidential parent clinic for any parent to attend to discuss any issues they might be concerned about. It could be advice on getting your child to engage with home learning, sleeping, eating, behaviour – Michelle is our expert for parents to talk to. She can signpost you to find answers or offer advice to help on a range of practical parenting issues. Michelle will be running the confidential zoom sessions on Thursday 21st January 2021 to support families during lockdown. If you would like to make an appointment with Michelle, please could you email her directly at hslw@thames-ditton-infant.surrey.sch.uk or call on 07703 322066.

Birthday Books

Thank you to Joseph H for choosing a birthday book to give to his class.

Thought for the week:

“Our attitude towards life determines life’s attitude towards us.” J Mitchell

Hope your weekend is filled with surprises!

Mrs Paines

Nursery

We have had a busy week at nursery and we have also really enjoyed seeing all of your home learning, thank you for sharing them.

This week we have compared the length of different objects using the vocabulary long and short. The children in the nursery had fun comparing play dough worms and snakes by length, they also hunted around the nursery to find objects to compare. They enjoyed learning to play Jenga, a stacking blocks game and snap with animal and number playing cards. In our craft area the children have been exploring and making junk models they made dogs, robots and dinosaurs! They have also spent time moving and dancing to keep warm, this has been to lots of different types of music as well as incorporating a few yoga sessions to stretch our bodies and rest our minds! We have been weather watching, making observations of what we see and how we feel when we go outside, talking about temperature. Outside the children have been making obstacle courses and bouncing the balls.

We are really looking forward to welcoming some of you back next week.

Please remember to send in at least 2 sets of spare clothes. Not only for toileting incidents but we are finding sometimes that children are getting wet when playing outside in our garden area. We want to keep everybody warm so it would also be helpful if your child could wear layers to nursery so that they can adjust their clothing to suit their needs.

Have a lovely weekend.

Reception (Year R)

We have been so impressed by how hard all of the children have worked this week, whether in school or at home. It has been so lovely to see how much effort you have put into each of the learning challenges you have completed.

Next week, we will continue to focus on new set 2 sounds learning two new sounds - 'ee' and 'igh'. We will practise saying the sounds, listening for them in words and reading and writing words containing these sounds. We will be recapping addition and beginning to focus on word problems as a different way to think about adding two numbers together. Our story of the week will be the Gingerbread Man so look out for some activities based on this story. Maybe over the weekend you could have a think about what you already know about the story and what happens to the characters.

As always, if you have any questions or concerns, please do not hesitate to get in touch via the office or the class emails.

Beagle – beagle@longditton.surrey.sch.uk

Corgi- corgi@longditton.surrey.sch.uk

Year 1

Year 1, we have all been impressed with your resilience and commitment to your learning this week. We have all learnt something new from you re-cycling leaflets and have enjoyed looking at your mammal paintings in the style of Eric Carle. Please continue to upload your work when you can.

Next week, we will be learning all about tigers! We will be finding out how to look after reptiles and moving onto subtraction.

Please continue to try to read every day and, if possible, add comments or record your reading in your reading record.

Class emails:

dalmatian@longditton.surrey.sch.uk

husky@longditton.surrey.sch.uk

Reminders

- PE for those in school will be on a Monday and a Thursday so please come in PE kits on these days.

Year 2

We have had a super week in Year 2. In school, all the children have been working really hard. We have also been really impressed with all the work uploaded onto Tapestry, it is very obvious how hard everyone is working at home. We have really enjoyed looking at all the work and photos. In particular, the fantastic islands created as part of our topic work and the writing all about elves and the comic strips.

Next week, in maths we will be learning about ordinal numbers and putting events in chronological order. In English, we will be learning about poetry. Children will read the poem 'Magic Box' and then use this poem as inspiration to write their own poetry. In topic, we will continue the unit on Around the World. We will focus on Europe and learning about countries in this continent.

If you have questions, or need any help, please email your child's class email.

labrador@longditton.surrey.sch.uk

spaniel@longditton.surrey.sch.uk

Have a lovely weekend.

Year 2 team

Reminders:

- PE will be on a Tuesday and a Friday, please can your child come into school dressed in their PE kit. On Friday, PE will be outside so please ensure that your child is dressed in warm clothes.
- We will be changing books on Thursday. Please ensure your child brings in their reading book, reading record and library book on this day. Books will be quarantined once they are brought in.

School Office

Reminder: Applications for Reception and Yr 3 Junior School Place September 2021 close today.

Friends

We hope everyone is doing well and keeping themselves and everyone else safe. We're not judging or anything, but we think our teachers are brilliant and the whole school has been so amazing dealing with the remote learning, three cheers for Friday Golden time!!

We hope you are managing, but if you need help, the Friends are here for you. If you need a bag of shopping dropping at your door or a prescription picking up, or a virtual cuppa and chat, do reach out.

Please help our schools create our



LOCKDOWN LOVE
COOKBOOK.



We knead the dough!!

See the poster for all the details.

Send your family favourites

to longdittonfriends@outlook.com

Go and bake!

No plagiarism please - do ensure recipes submitted are your own and not direct copies from online or recipe books. Tweak it in your own special way, who follows it directly anyway?!? We won't judge if there's an extra splash of wine in the casserole!

SAVE THE DATE FOR GIN NIGHT – THURSDAY
11TH FEBRUARY 8PM!

See below from Sam Berry (the owner of Hideaway, Bar 97 & Cento Uno)

“Join our latest collaboration between No 97 and Long Ditton St Mary’s Junior School / Long Ditton Infant & Nursery School. Get into the spirit of Valentines and secure your ticket for yourself and loved ones. We will be kicking things off at 8pm on Thursday 11th February!

As dedicated gin drinkers, we have set up our Virtual Gin Masterclasses so fellow gin-ophiles can enjoy our exceptional gins in the comfort and safety of their own home. Join us for one hour of expert tuition [on gin, botanicals & tonics]. Taste three different gins paired with three different tonics – £20 per person with £5 being donated to

Long Ditton Infant & Nursery School and Long Ditton St Mary’s Junior School.”

Tickets on sale soon – keep your eye on this space!

Facebook guru wanted: We are still looking for a volunteer to keep our Facebook page updated, please contact longdittonfriends@outlook.com if you'd like to get involved.

A gentle reminder to shop amazon via **smile.amazon**. This gives our school a much needed donation every time you buy something and at no cost to you. Just log on to smile.amazon instead of amazon and set up the school as your charity, it's dead easy!

One last reminder to sign up to the Elmbridge lottery, you could be a winner!

<https://www.elmbridgelottery.co.uk/support/friends-of-long-ditton-infant-and-nursery-school>

The Friends

ACHIEVEMENTS



Golden Certificates



Credit Cards (4x Certificates)



Other Achievements

Olivia for showing resilience with her home learning and trying really hard.
 Dalmatian class for being super resilient this week and understanding that mistakes are part of learning.
 Elliot for trying really hard and not giving up when he comes across a challenge.
 Martha for working very hard to achieve her chin up challenge.
 Lily for being resilient and trying hard even when things are tricky.
 Charlotte (Beagle) for having a great attitude to learning and for being creative with her home learning.
 Zachary for showing resilience with his home learning even when it becomes tricky.
 Amelia for being resilient with her learning in Nursery.

Monty for great sharing and turn taking.
 Joshua L for making a fantastic Emerald Island.
 Idris for his super comic strip.
 Joe C for challenging himself in maths this week.
 Sean for working super hard in maths.
 Leo T for a great start to the year and making brilliant choices.
 Milo for adapting to change and persevering with his home learning.
 Alana for a fantastic attitude to learning and always trying her best.
 Hugo for being ready to learn and stepping out of his comfort zone and making some new friends.
 Jemima for a great attitude to learning, always going the extra mile and for making us laugh.
 Calla for an amazing picture of a mammal in the style of Eric Carle.
 Mosi for fantastic maths work when adding with a number line.

Joseph W

Theo M - 6
 Joseph H - 6
 Sophie D - 6

Theo M completed the Cosmic Yoga Quest online and had to do 20 yoga adventures over a few weeks, a total of 6 hours and 25 minutes of yoga.
 Oscar was awarded 'Man of the Match' trophy at Key Sports football just before Christmas.
 Sara is proud that she has learnt to ride her bike without stabilisers.
 Aurora has learnt to hit the ball with a tennis racket and has been practising tennis with her grandma.
 Georgia was awarded a Blue Peter badge for her poem about a little turtle.
 Joshua with his older brother worked on a month long project last summer called the Magic Garden and this was featured in the Christmas issue of the children's magazine The Week Junior.

CELEBRATION DAYS / EVENTS

January 2021

| | |
|--------------------------|--|
| Monday 18th | <ul style="list-style-type: none">• Winnie the Pooh Day• Martin Luther King Day |
| Tuesday 26 th | Australia Day |
| 29 th -31st | RSPB Big Garden Birdwatch |
| | |

EVENTS / ACTIVITIES (outside of school) / School Adverts

Please note the school does **not** promote or endorse any children's clubs or activities advertised.

Hello

My name is Hollie, I am a Trainee Clinical Psychologist at the University of Surrey, and for my final year research project I am looking for **Mums of 3-6 year olds** to take part in a 4-week online intervention. The intervention has been designed to help understand Mums understand more about 'Mum-guilt' and self-criticism and learn ways to manage this- maybe more important than ever as we begin another lockdown and potentially face more home-schooling!

You will be asked to complete some questionnaires and some daily/weekly tasks, but they should only take **about an hour a week in total**. In return for your time, I hope that the intervention can help you learn more about self-compassion and reduce your levels of self-criticism, which can **improve wellbeing**- also more important than ever!

Please also feel free to share with friends and family who may be interested.

Please follow this link for more information and to take part: https://surreyfaqs.eu.qualtrics.com/jfe/form/SV_50Fiz3oNOj1FVX

Do you have a child aged between 3 and 6 years old?

If you 'put yourself down' a lot or often experience 'Mum guilt'

You are invited to take part in new research!



Participation involves taking part in a 4-week online intervention designed to reduce self-criticism and increase self-compassion. We are interested in whether the intervention works and your thoughts on it.

To take part: https://surreyfaqs.eu.qualtrics.com/jfe/form/SV_50Fiz3oNOj1FVX

Please email h.butcher@surrey.ac.uk for more information



This study has been approved by the University Ethics Committee



Are you struggling to provide food for yourself or your family?

The Foodbank is here to support anybody who is currently finding it difficult to provide food for themselves or their families due to financial or other issues. **You do not have to be in receipt of benefits to get help from us.**

If you feel that you need support from us, then please call or message us on: **07908 777475** or email referrals@eastelmbridge.foodbank.org.uk and we can let you know what you need to do for us to be able to deliver an emergency food parcel.

Catherine Heavens
East Elmbridge Foodbank Coordinator

For Parents and Carers



Developing Positive Behaviour through Emotion coaching:

An approach for parents and carers to use with children and young people (aged 3-18 years).



Sound familiar?

Tim, 4, has made it clear he doesn't want to get ready for bed and his loud screams wake up his baby sister.

Marta, 9, refuses to get up out of bed and prepare for school in the morning. When her Dad pulls off the covers, she hurts him.

Sam, 15, won't stop playing on the iPad. He promised his sister he would share it with her, and so a loud argument starts. Someone gets hurt.

Emotion coaching is an approach which helps children and young people to understand the different emotions they experience, why they occur and how to handle them. This helps children and young people to learn how to regulate their emotions and behaviour.



- Emotion coaching training is a **free, online course** for parents and carers.
- There are **two training options** to choose from:

Option A: Introductory Course: An introduction to emotion coaching, including a 1.5 hour training and a drop-in Q&A session. Course dates: 27th October (12.30-2pm) and 3rd November (12.30-1.30pm).

Option B: Applied Course: A more in-depth look at what emotion coaching is and how to use it effectively with your child, including 5x 1.5 hour sessions with a mix of training, reflection and discussion. Course dates: 20th, 26th January & 3rd, 10th, 24th February 2021 (12.30pm-2pm).

To sign up for either option A or option B courses please email sw.educationteam@surreycc.gov.uk

"It was a lovely course and it will help many parents"- Parent